

On behalf of the International Ski Federation, Norwegian Ski Federation and Hoydalsmo Ski Club , we invite all member Associations of the International Ski Federation (FIS) to participate in the

## COC NORDIC COMBINED

in Hoydalsmo, Telemark, Norway

06. – 8. January 2017

The events will take place in Telemark Ski Jumping Arena (Huka) (HS94) and at Hoydalsmo Ski Stadium in Hoydalsmo in Telemark.  
The accommodation will be at [Quality Straand Hotel](#) in Vraadal.

---

### RACE PROGRAM - COC NORDIC COMBINED

---

Thursday	05 Jan	21.00	Team Captains' meeting – Quality Straand Hotel in Vraadal
Friday	06 Jan	08.00	Breakfast – Quality Straand Hotel
		12.00	Official training ski jumping 2 rounds / PCR - (HS94)
		13.00 – 15.00	Lunch – Cross country arena
		14.00 - 17.00	Training Cross Country
		18.00 – 21.00	Dinner - Quality Straand Hotel
Saturday	07 Jan	07.00	Breakfast – Quality Straand Hotel
		<b>10.00</b>	<b>Trial round - (HS94)</b>
		<b>11.00</b>	<b>1<sup>st</sup> round - (HS94)</b>
		1130 – 14.00	Lunch – Cross country arena
		<b>14.00</b>	<b>Cross Country</b>
		14.45	Prize giving ceremony
18.00 – 21.00	Dinner - Quality Straand Hotel		
Sunday	08 Jan	06.00	Breakfast – Quality Straand Hotel
		<b>09.00</b>	<b>Trial round - (HS94)</b>
		<b>10.00</b>	<b>1<sup>st</sup> round - (HS94)</b>
		10.30 – 13.00	Lunch - Cross country arena
		<b>13.00</b>	<b>Cross Country</b>
		13.45	Prize giving ceremony
16.00	Dinner - Quality Straand Hotel		

### RESTRICTIONS

The number of participants in the competitions must comply with official WC rules and regulations.

### RESPONSIBILITY

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

## **DOPING CONTROL**

Doping control during the event may be carried out by our national antidoping organisation, NIF. According to the NIF regulation, all participants shall be under an obligation to submit themselves to doping control.

## **ECONOMY**

FIS rules apply.

## **ACCOMMODATION**

Reservations are made for all the teams at [Quality Straand Hotel in Vraadal](#) about 45 km. from Hoydalsmo skistadium. The distance from Oslo Airport Gardermoen is about 230 km. Accommodation costs has to be paid at the team captains' meeting at Quality Straand Hotel

## **TRANSPORTATION**

Internal transportation, if needed, will be organised by the Organising committee. Please inform us at the enclosed accommondation and transporttionform.

## **RACE OFFICE**

Will be situated at Hoydalsmo ski stadium and Telemark Ski Jumping Arena (Huka)

## **ENTRIES**

**Please send the entry form to Thor Arne Heggveit** (Competitions officer)

E-mail: [post@hoydalsmo.no](mailto:post@hoydalsmo.no) Mobile: +47 913 94 158 Fax no.: +47 35 07 57 01

## **Entries within 02.01.2017**

Chief of Competition: Jarle Solbu (NOR)  
Chief of course: Sverre Bakke (NOR)  
FIS TD: Vladimir Frank (SVK)  
FIS TD-Ass.: Matt Laue (USA)  
FIS Coordinator: Toni Guggemoos (FIS)

## **For information about accommodation and transportation please contact:**

Hoydalsmo ski club

Synne Aasland

Mobile: +47 975 60 661

E-mail: [synne.aasland@tokke.kommune.no](mailto:synne.aasland@tokke.kommune.no)

Internet: [www.hoydalsmo.no](http://www.hoydalsmo.no)

Best regards

Hoydalsmo Ski Club – COC Nordic Combined

Svein Bakkan

(Chairman of the Organizing Committee)