

On behalf of the International Ski Federation, Norwegian Ski Federation and Hoydalsmo Ski Club , we invite all member Associations of the International Ski Federation (FIS) to participate in the

COC NORDIC COMBINED

in Hoydalsmo, Telemark, Norway

21. – 22. January 2012

The events will take place at the Huka Ski Jumping Arena (HS94) and at the Hoydalsmo Ski Stadium in Hoydalsmo in Telemark.

RACE PROGRAM - COC NORDIC COMBINED

Thursday	19 Jan	20.00	Team Captains' meeting – Morgedal hotel
Friday	20 Jan	07.00	Breakfast – Morgedal hotel
		11.00	Official training ski jumping 3 rounds - (HS94)
		12.00 – 15.00	Lunch – Cross country arena
		14.00 - 16.00	Training Cross Country
		18.00 – 21.00	Dinner - Morgedal hotel
Saturday	21 Jan	07.00	Breakfast – Morgedal hotel
		10.00	Trial round - (HS94)
		11.00	1st round - (HS94)
		11.30 – 14.00	Lunch – Cross country arena
		14.00	Cross Country
		14.45	Prize giving ceremony
		18.00 – 21.00	Dinner - Morgedal hotel
Sunday	22 Jan	06.00	Breakfast – Morgedal hotel
		09.00	Trial round - (HS94)
		10.00	1st round - (HS94)
		10.30 – 13.00	Lunch - Cross country arena
		13.00	Cross Country
		13.45	Prize giving ceremony
		15.00	Dinner - Morgedal hotel

RESTRICTIONS

The number of participants in the competitions must comply with official COC rules and regulations.

RESPONSIBILITY

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

DOPING CONTROL

Doping control may be carried out at any FIS competition according to FIS Anti-Doping Rules

ECONOMY

FIS rules apply.

ACCOMMODATION

Reservations are made for all the teams at Morgedal hotel (www.morgedal.no) about 15 km. before Hoydalsmo skistadium. The distance from Oslo Airport Gardermoen is about 230 km.

Accommodation costs had to be paid at the team captains' meeting at Morgedal hotel.

TRANSPORTATION

Internal transportation will be organised by the Organising committee.

RACE OFFICE

Will be situated at Hoydalsmo ski stadium and Huka Ski Jumping Arena

ENTRIES

Please send the entry form to Thor Arne Heggveit (Competitions officer)

E-mail: post@hoydalsmo.no Mobile: +47 913 94 158 Fax no.: +47 35 07 57 01

Entries within 16.01.2012

Chief of Competition: Knut Tore Apeland (NOR)

Chief of course: Sverre Bakke (NOR)

FIS TD: Robert Krautgartner (AUT)

FIS TD-assistant: Pirjo Karjalainen (FIN)

For more information, please contact:

Hoydalsmo ski club

Siv Einebærholm,

Secretary General

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Best regards

Hoydalsmo Ski Club – COC Nordic Combined

Svein Bakkan

(Chairman of the Organizing Committee)