



[www.hoydalsmo.no](http://www.hoydalsmo.no)

On behalf of the International Ski Federation, Norwegian Ski Federation and Hoydalsmo Ski Club, we invite all member Associations of the International Ski Federation (FIS) to participate in the

## **COC NORDIC COMBINED**

**in Hoydalsmo, Telemark, Norway**

**10. – 12. March 2011**

The events will take place at the Huka Ski Jumping Arena (HS94) and at the Hoydalsmo Ski Stadium in Hoydalsmo in Telemark.

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### **RACE PROGRAM - COC NORDIC COMBINED**

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Wednesday	09 Mar	20.00	Arrival Morgedal Hotel Team Captains' meeting – Morgedal
Thursday	10 Mar	10.00 12.00 18.00	Official training ski jumping - (HS94) Free training Cross Country Dinner at Morgedal hotel
Friday	11 Mar	06.00 09.00 10.00 11.00 12.30 13.30 18.00	Breakfast at Morgedal hotel Trial round - (HS94) Jump - (HS94) Lunch in Huka Cross Country Prize giving ceremony Dinner at Morgedal hotel
Saturday	12 Mar	07.00 10.00 11.00 11.30 14.00 15.00 16.45 17.00 18.30 21.00	Breakfast at Morgedal hotel Trial round - (HS94) Jump - (HS94) Lunch in Huka Cross Country Prize giving ceremony Departure with bus from Morgedal Social happening in Huka Dinner at Huka Departure with bus to Morgedal
Sunday	13 Mar	09.00 13.00	Departure from Morgedal Hotel Arrival Oslo Airport Gardermoen

## RESTRICTIONS

The number of participants in the competitions must comply with official WC rules and regulations.

## RESPONSIBILITY

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

## DOPING CONTROL

Doping control during the event may be carried out by our national antidoping organisation, NIF. According to the NIF regulation, all participants shall be under an obligation to submit themselves to doping control.

## ECONOMY

FIS rules apply.

## ACCOMMODATION AND TRANSPORTATION

Reservations are made for all the teams at Morgedal hotel ([www.morgedal.no](http://www.morgedal.no)) about 15 km. before Hoydalsmo skistadium.

Accommodation costs to be paid at the team captains' meeting at Morgedal hotel.

Bus transfer from the Oslo international airport Gardermoen to Morgedal hotel will be organised (if necessary) by the COC Organising Committee. Departure from Oslo airport Gardermoen Wednesday the 09. March at 15.30 p.m. The bus trip will take about 3,5 hours.

To be able to order room at the hotel and to pick up the teams at the airport, ***we ask you please to fill in the enclosed transportation and accommodation form carefully and return this together with the entries!*** E-mail: [post@hoydalsmo.no](mailto:post@hoydalsmo.no)

Return transportation from Morgedal hotel Sunday 13. March at 09.00 a.m., arrival at Oslo airport Gardermoen about 01.00 p.m.

If necessary the Organising committee will organise internal transportation between the hotel and the hill.

## RACE OFFICE

will be situated at Huka Ski Jumping Arena.

## ENTRIES

**Please send the entry form to Thor Arne Heggveit** (Competitions officer)

E-mail: [post@hoydalsmo.no](mailto:post@hoydalsmo.no) Mobile: +47 913 94 158 Fax no.: +47 35 07 57 01

## Entries within 04.03.2011

## RACE DIRECTION

Chief of Competition: Jan Rune Grave (NOR)

Chief of course: Sverre Bakke (NOR)

FIS TD: Robert Krautgartner (AUT)

FIS TD-assistant: Pirjo Karjalainen (FIN)

## For more information, please contact:

Hoydalsmo ski club

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